

## Packing list

### **A packing list for your cycling vacation**

Are you ready for your trip? We can't wait for you to join us. We want you to be prepared and as much comfortable as possible throughout each day of your vacation. To help you, we have put together a list of essentials for your trip, from what to wear on the bike, to what to bring to explore your destination by foot. Let the journey begin, and if you need any further information, just ask!

#### **CYCLING CLOTHING & GEAR**

- Road bike
- Use our
  
- Spare tubes
- Use ours
  
- Helmet
- Use our
  
- Saddle
- Use our
  
- Clip-in pedals
- Use ours
  
- Water bottles
- Use ours
  
- Front and rear riding lights
- Use ours
  
- Shoes (to clip in or for flat pedals)
  
- Bike shorts

- Active socks
- Cycling jerseys
- Biking gloves
- Lightweight jacket
- Arm/Leg warmers
- Sunglasses
- Wind and Rain jacket
- Lightweight headband or hat

We recommend being prepared for all- kind of-weather conditions to be the most comfortable on the bike in any weather situation.

**This includes:**

- Having layers
- Long-fingered gloves
- Tights and leg warmers
- Shoe and toe covers
- Arm warmers
- Rain gear
- Vest
- Wind jacket
- Ear covers

## **LUGGAGE RECOMMENDATION**

- 1 suitcase
- 1 carry on per person

## **OFF-THE-BIKE CLOTHING & GEAR**

- Walking shoes
- Sun hat
- Swimsuit
- Camera (with charger and extra batteries)
- Comfortable clothing for the weather
- Sweater or Jacket for cooler evenings
- Dinner attire: Casual

## **TRAVEL ESSENTIALS**

- Airline tickets
- Milano Bike Renting meeting and departing details
- Important contact information
- Guides contact info (sent before trip)
- Necessary medications
- Toiletries and personal items

- Personal identification
- Credit/debit cards
- Cash for incidentals and guide gratuities
- Travel insurance confirmation (if purchased - highly recommended)
- Other insurances
- Cell phone and charger
- Passport (international travel)
- Photocopy of passport (international travel)
- Power adapters (international travel)
- Power converter (international travel)

**WHAT WE CAN PROVIDE (Included)**

- Road Bike
- Helmet
- Saddle
- Pedals
  - Shimano SPD
  - Shimano SPD-SL
  - Look Keo Easy
  - Flat
- Front and rear riding lights

- Water bottles (x2)
- Small bike storage pack
- Spare parts (flat kit)
- Milano bike renting luggage tags

**WHAT WE CAN PROVIDE (Not included)**

- Snacks during the riding (see our packages([link](#)))
- Sunscreen